



**Marine Air Support Squadron 1
Commanding Officer's Statement on Family Readiness**

Marines, Sailors, and Family Members

As service members and family of service members, we are never truly in a state of rest. We are either coming back from deployment or getting ready for the next. This reality can naturally be a source of strain for the simple fact that people are comfortable when the events that impact their lives are known and, in a large way, manageable. Military life can bring uncertainty at times.

Whether forward deployed or stateside, managing event readiness is an issue. The Family Readiness Program is designed to ensure that our families are empowered with appropriate information that may aid in managing the challenges that many of our service members and families face. It is a program that is not just for married Marines but single Marines and their families as well. The Family Readiness Officer can also provide valuable resource training, education, and information not associated with deployment.

Family Readiness fundamentally affects readiness and the ability of MASS-1 to meet the challenges that lie ahead and to be able to accomplish the mission. All Chieftains should be familiar with the tenants of the program and contacts for information to take on the personal challenge and responsibility to be most ready when others are not. MASS-1's Family Readiness Officer is Kenneth Meredith and I encourage you to seek him out and learn what you may do to strengthen the network and resource that is the Family Readiness Program.

Alfred M. Sanchez
Lieutenant Colonel, USMC
Commanding